

# Concise Minutes – Health and Social Care Committee

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Meeting Venue:

Hybrid – Committee Room 3, Senedd  
and video conference via Zoom

Meeting date: 22 January 2026

Meeting time: 09.30 – 12.05

This meeting can be viewed

on [Senedd TV](#) at:

<http://senedd.tv/en/15717>

## Hybrid

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### Attendance

Category	Names
Members of the Senedd:	Peter Fox MS (Chair) Lesley Griffiths MS Joyce Watson MS
Witnesses:	Dawn Bowden MS, Minister for Children and Social Care
Committee Staff:	Sarah Beasley (Clerk) Karen Williams (Deputy Clerk) Amy Clifton (Researcher)

## 1 Introductions, apologies, substitutions, and declarations of interest

1.1 The Chair welcomed Members to the meeting.

1.2 The Chair noted that James Evans MS was no longer a member of the Committee and thanked him for his contributions.

## 2 Improving access to support for unpaid carers: evidence session with the Minister for Children and Social Care

2.1 The Committee received evidence from the Minister for Children and Social Care.



2.2 The Minister agreed to provide data on:-

- The unpaid carers action plan, which is being led by ADSS Cymru;
- What respite care local authorities are offering to carers who have been identified as needing respite care.

### **3 Papers to note**

**3.1 Letter from the Deputy First Minister and Cabinet Secretary for Climate Change and Rural Affairs regarding the most recent meeting of the Inter-Ministerial Standing Committee**

3.1.1 The Committee noted the letter.

**3.2 Letter from the Minister for Mental Health and Wellbeing regarding the Food Supplements (Magnesium L-threonate monohydrate) (Wales) Regulations 2026**

3.2.1 The Committee noted the letter.

**3.3 Letter from the Cabinet Secretary for Health & Social Care regarding the appointment of the Chair of the Welsh Ambulance Services University NHS Trust**

3.3.1 The Committee noted the letter.

**4 Motion under Standing Order 17.42 (vi) and (ix) to resolve to exclude the public from the remainder of the meeting**

4.1 The Committee agreed the motion.

**5 Improving access to support for unpaid carers: consideration of evidence and key issues for draft report**

5.1 The Committee reviewed and discussed the evidence received and agreed key issues to be included in the draft report.